

This booklet is part of a range of publications produced by Becket Primary School and offered to parents/carers as support materials. Please do not hesitate to talk to our class Learning Mentor Miss Wilkes or our Family Welfare Officer Mrs Whittle if you would like further guidance or support. Booklets in this range

1. Tips for Good Listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips when giving your child instructions.
6. How to deal with difficult situations.
7. Tips for dealing with anger.
8. Tips for dealing with dishonesty.
9. Tips for dealing with tantrums.
10. How to help children be good.
11. Childhood Illnesses & head Lice.
12. Tips on using Technology
13. Tips on using Gaming Devices
14. Tips on using Mobile Devices
15. Tips on reward/behaviour charts.



# Parent Survival Guides

## No 12

### Tips on using Technology



## 1. Talk to your child about the dangers and the benefits of using technology

There are a lot of benefits to using technology within school and at home. The key is to ensure that your child is safe. Show your child some of the interesting facts and how the technology can be used.

**Encourage your child to talk to you about the sites they have been on or the games that they have been playing. The more you show interest the more they will talk to you.**

- Talk to your child about what to do if they see something inappropriate on a computer or gaming device. Some of the guidelines are:
- Advise them to let an adult know immediately if something is on a device that is offensive in any way
- Make a note of the website or the telephone number or the id number of where the material has originated from and write it down.
- Block the number, website address or id on the device that you child is using.
- Talk to your child about the material and what you have done and reassure them that they have done nothing wrong.

**Internet  
Safety**



## 2. Always set an initial filtering and time limit.

Within any device there will be a parental controls section. In this section you will be able to set the filters to limit what your child can see and the length of time that your child will spend on the device. Check the manufacturers instruction booklet for details of how to do this.

Talk to your child about limits discussing why they need to be in place. Ideally set a small timeframe initially, say 30 mins, on the device and if it is successful then this can then be extended to 1 hour if and when appropriate.

## 3. Talk to your children about Social Media sites

Social Media sites are excellent at communicating with their friends. There are a few sites now who aim for the under 11 audience. Your child will want to communicate with their friends. Here are a few hints and tips for you to talk to your child about **before** using the sites.

- ∞ Treat people how **you** want to be treated
- ∞ Avoid words that might offend others
- ∞ If you wouldn't say it out loud, don't say it online

Here are some useful websites for information:

[Www.childnet.com](http://www.childnet.com)

[Www.saferinternet.org.uk](http://www.saferinternet.org.uk)

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk)

<http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/>