

This booklet is part of a range of publications produced by Becket Primary School and offered to parents/carers as support materials. Please do not hesitate to talk to our class Learning Mentor Miss Wilkes or our Family Welfare Officer Mrs Whittle if you would like further guidance or support.

Booklets in this range

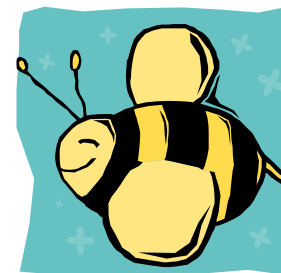
1. Tips for Good Listening.
2. How to give children more confidence.
3. Helping children to get on with each other.
4. Tips to remember when you need to make a stand.
5. Tips when giving your child instructions.
6. How to deal with difficult situations.
7. Tips for dealing with anger.
8. Tips for dealing with dishonesty.
9. Tips for dealing with tantrums.
10. How to help children be good.
11. Childhood Illnesses & head Lice.
12. Tips on using Technology
13. Tips on using Gaming Devices
14. Tips on using Mobile Devices
15. Tips on reward/behaviour charts.



Parent Survival Guides

No 10

How to help children be good



1. Family Rules

Sit down as a family and encourage input from everyone

2. Make a list of jobs for everyone, even down to younger members of the family.. (Not too long—focus on a few important things).

Lay the table.

Be quiet in the morning

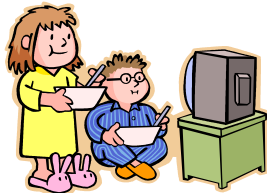
Put your washing in the basket.



Turn all the 'Don'ts' into statements about what you want them to do, Instead of "Don't run" try "Please walk".

3. Choose one easy target to start with.

"Get dressed before you put the TV on".



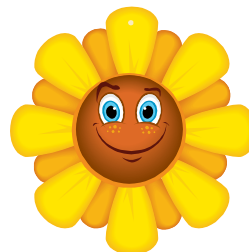
4. Make a list of rewards.

Think of a number of treats they would like and you can easily afford.



- Trip to the park..
- A game of cards with Mum.
- Football with Dad.
- 30 minutes extra TV.
- A friend round for tea.

5. You can use a sticker chart to build up to bigger rewards.



1 sticker = a chocolate biscuit.

2 stickers = 10p to spend

5 stickers = a trip to the cinema.

6. With little ones, try "The Magic Box".

If you stay in bed tonight, then in the morning you will find a surprise in this exciting magic box.

Make treats small. Praise success a lot. If your child fails say "never mind", we'll have another go tomorrow.



7. With older ones try a daily "Pocket Money Chart".

Day	Be kind to your brother	Flush the toilet after use.	Be in bed by 8pm	10p bonus for all 5ps earned.	TOTAL
Mon	3p	2p	5p		10p
Tues	5p	5p	5p	10p	25p

In the example above, the child earns up to 5p a target to earn regular pocket money. Up to 5 targets can be tackled at once with a bonus for a maximum score.