

Curriculum Map Overview

Academic Year: 2026-2027



Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Dance Ourselves Feet Ball Skills Feet	Hands 1 Ball Skills Hands 1 Learning through Play Playing through games	Gymnastics High, Low, Over, Under Locomotion Jumping	Gymnastics Moving Dance Dinosaurs	Rackets, Bats and Balls Rackets, Bats, Balls and Balloons Outdoor Adventure Activities Forest school	Attack v Defence Games For Understanding Dance Nursery Rhymes
Year 1	Feet Ball Skills Feet Attack v Defence Games For Understanding	Hands 1 Ball Skills Hands 1 Dance Growing	Gymnastics Wide, Narrow, Curled Running Running	Jumping Jumping Dance The Zoo	Team Building Team Building Gymnastics Body Parts	Rackets, Bats and Balls Rackets, Bats and Balls Outdoor Adventure Activities Forest School
Year 2	Hands 1 Ball Skills Hands 1 Outdoor Adventure Activities Forest School	Feet Ball Skills Feet Dance Explorers	Locomotion Dodging Gymnastics Linking	Swimming Swimming Locomotion Jumping	Hands 2 Ball Skills Hands 2 Team Building Team Building	Attack v Defence Games For Understanding Rackets, Bats and Balls Rackets, Bats and Balls

Year Group	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3	Invasion Hockey	Gymnastics Symmetry & Asymmetry	Inclusion Boccia 1	Swimming Swimming	Athletics Athletics: Throwing & Jumping	Striking & Fielding Cricket
	Invasion Netball	Outdoor Adventure Activities Forest School	Dance Wild Animals	Gymnastics Canon and Unison	Net/Wall Tennis	Outdoor Adventure Activities Orienteering
Year 4	Invasion Football	Invasion Dodgeball	Dance Space	Athletics Athletics: Running	Athletics Athletics: Throwing & Jumping	Striking & Fielding Rounders
	Swimming Swimming	Gymnastics Bridges	Net/Wall Tennis	Outdoor Adventure Activities Forest school	Striking & Fielding Cricket	Outdoor Adventure Activities Communication & Tactics
Year 5	Invasion Netball	Invasion Hockey	Dance The Circus	Net/Wall Badminton	Athletics Athletics: Running	Striking & Fielding Cricket
	Custom Unit Forest school	Swimming Swimming	Health and Wellbeing Health Related Exercise	Gymnastics Counter Balance & Counter Tension	Invasion Football	Athletics Athletics: Throwing & Jumping
Year 6	Invasion Football	Gymnastics Matching & Mirroring	Dance Carnival	Net/Wall Badminton	Athletics Running	Athletics Athletics: Throwing & Jumping
	Health Related Exercise Health Related Exercise	Outdoor Adventure Activities Forest School	Swimming Swimming	Invasion Tag Rugby	Striking & Fielding Rounders	Outdoor Adventure Activities Problem Solving