

PE

Our TRUST Curriculum Principles

A Kaleidoscope Schools curriculum has been designed to enable children to develop wide knowledge/ skills and become well rounded and confident individuals who are curious and want to learn. Schools design and develop their own curriculums but encapsulate the following which are linked to the Kaleidoscope 5C's.





Intent

The intent of the Primary PE curriculum is to foster a lifelong love of physical activity, sport, and healthy living among our children. By providing a diverse range of physical activities and sports, the curriculum aims to develop students' physical competence, confidence, and knowledge. It encourages students to lead active and healthy lifestyles, understand the importance of physical fitness, and develop teamwork, leadership, and communication skills. The curriculum is designed to be inclusive, engaging, and enjoyable, ensuring that all students, regardless of their abilities, can participate and benefit from physical education. Through this approach, the Primary PE curriculum seeks to instill positive attitudes towards physical activity and well-being, preparing our children for a healthy and active future.

Implementation

The implementation of our Primary PE curriculum involves a structured and progressive approach to physical education, ensuring that our children build on their skills and knowledge year by year. Teachers deliver high-quality PE lessons that are inclusive, engaging, and tailored to meet the diverse needs of all pupils. The curriculum includes a variety of physical activities and sports, allowing children to explore different forms of movement and develop their physical competence. Regular assessments and feedback help track their progress and inform future teaching. Additionally, we may collaborate with external sports coaches and organizations to enhance the PE experience and provide our pupils with opportunities to participate in competitions and events. Through this comprehensive approach, the implementation of the Primary PE curriculum aims to create a positive and supportive environment where all children can thrive and develop a lifelong love for physical activity.

Impact

Assessment sheets



PE National Curriculum Milestones (Trust Milestones)

| Key Theme | Reception | KS1 (Y1–Y2) | KS2 (Y3–Y4) | KS2 (Y5–Y6) |
|-----------------------------------|---|---|--|---|
| Physical Competence | Develop basic movement skills such as running, jumping, throwing, and catching. | Build on basic movement skills and start to apply them in different activities. | Refine and develop a broader range of skills and apply them in different contexts. | Master a range of skills and use them in different situations, including competitive sports. |
| Confidence | Encourage participation and enjoyment in physical activities. | Foster confidence in trying new activities and developing skills. | Build self-assurance in applying skills in various activities and sports. | Develop leadership and teamwork skills, and confidence in competitive situations. |
| Knowledge | Understand the importance of physical activity and healthy living. | Learn about the benefits of regular physical activity and healthy habits. | Gain knowledge of different sports and physical activities, and their rules. | Deepen understanding of the impact of physical activity on health and well-being. |
| Teamwork and Communication | Participate in group activities and learn to follow simple instructions | Develop basic teamwork and communication skills through group activities. | Enhance teamwork and communication skills in more complex activities and sports | Demonstrate effective teamwork, leadership, and communication in various sports and activities. |



Overview 2025-2026

| Year/Term | Term 1 | Term 2 | Term 3 | Term 4 | Term 5 | Term 6 |
|-----------|-------------------------|-------------------------|------------------------|----------------------|---------------------------------|-------------------------|
| Year 1/2 | Growing | Explorers | Wide, Narrow, Curled | Linking | Rackets Bats and Balls | Rackets Bats and Balls |
| | Feet 1 | Feet 1 | Jumping 1 | Jumping 1 | Games For Understanding | Games For Understanding |
| Year 3 | Netball | Symmetry & Asymmetry | Canon and Unison | Tennis | Throwing & Jumping | Cricket |
| | Hockey | Forest School | Boccia | Wild Animals | Running | Orienteering |
| Year 4 | Football | Swimming | Bridges | Running | Forest School | Rounders |
| | Swimming | Dodgeball | Space | Tennis | Throwing & Jumping | Communication & Tactics |
| Year 5 | Netball | Hockey | Swimming | Swimming | Running | Throwing & Jumping |
| | Forest School | Health Related Exercise | The Circus | Badminton | Playground Leaders | Cricket |
| Year 6 | Health Related Exercise | Dodgeball | Basketball | Tag Rugby | Rounders | Throwing & Jumping |
| | Football | Matching & Mirroring | Carnival | Badminton | Running | Problem Solving |
| | | Forest School | | | | Swimming |
| Year R/1 | Ourselves | Growing | High, Low, Over, Under | Wide, Narrow, Curled | Games For Understanding | Games For Understanding |
| | Feet 1 | Feet 1 | Jumping 1 | Jumping 1 | Rackets Bats Balls and Balloons | Rackets Bats and Balls |

| | Autumn | Spring | Summer |
|-----------|--------|--------|--------|
| Reception | | | |
| Year 1 | | | |



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|--------|--|--|--|
| Year 2 | | | |
| Year 3 | | | |
| Year 4 | | | |
| Year 5 | | | |
| Year 6 | | | |