



**We care. We learn. We achieve.**

## **Physical Education Policy**

### **What is this policy for?**

This policy sets out how we teach Physical Education in line with the requirements of the National Curriculum 2014. It demonstrates how our provision for Physical Education offers breadth and balance. It describes how our provision for physical education contributes to our school pledge, which states that pupils will have had the opportunity to have played in a team, learned to swim, tobogganed, caved and climbed, danced at the Weston playhouse and explored the outdoors during the time they are in school.

### **The vision for Physical Education**

At Becket Primary we believe physical activity not only improves health, reduces stress and improves concentration, but also promotes correct growth and development. Exercise has a positive influence on academic achievement, emotional stability and social interaction. We believe every child should have access to P.E. with activities designed to be enjoyable, vigorous, purposeful and regular. A lifelong interest in physical activity is encouraged through providing opportunities to engage in positive experiences of sport, games and exercise.

Through P.E. we promote our pupils' knowledge of different sports; encourage healthy competition, with the ability to win or lose in a gracious manner; include all of our learners, understanding their individual needs and abilities. By continuing their sporting education at Becket, we hope to see children's confidence grow, their co-ordination and motor skills improve, and for them to find enjoyment in exercise and sport. Sport is a fantastic way for pupils to improve their social skills and help with their mental wellbeing.

### **When is Physical Education taught & learned?**

Physical Education comprises 2 hours of physical activity per week with additional physical activity every day.

### **How is Physical Education taught & learned?**

Our P.E. is taught in weekly discrete lessons, and is taught by class teachers. Where staff CPD needs are identified, specific units are taught by staff specialists/confident in this area to coach teachers and support their future teaching in this area eg. dance.

The objectives and themes within the National Curriculum are covered within our long term curriculum map. It is designed to build year on year on the children's prior knowledge learnt in earlier year groups. P.E. is delivered to Foundation Stage pupils through the Physical Development strand in discrete P.E. lessons.



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### **What do we learn in Physical Education?**

In EYFS, PE is taught as discrete lessons. The children also have free access to the outdoor area, where they can develop their ball co-ordination skills and their movement skills. We have also introduced Complete PE to promote the growth of the whole child. This is laid out in the Physical Development strand of Development Matters.

In Key Stage 1, Physical Education includes a variety of skills and movements to promote coordination, movement, balance, teamwork and spatial awareness, which includes dance, gymnastics, games and athletics. Children are taught the skills of throwing and catching, running, jumping and landing, using space and apparatus. The children learn about healthy living and how physical activity can contribute towards a healthier lifestyle. Children participate in multi-skills festivals organised by the Kaleidoscope MAT and the NSSPEA as well as intra school competitions. The Complete PE scheme is used.

In Key Stage 2, the children learn to compete in inter and intra-school events including cricket, hockey, rugby, netball, football, swimming, cross country and athletics. The children learn tactics, skills, rules and roles through peer, team and teacher review and feedback. They learn how exercise and physical activity can have a positive impact on lifestyle and health. Further Complete PE sessions keep our learners challenged with extended movements, agility, coordination and balance.

In both Key Stages the children are taught and are expected to demonstrate good sporting qualities at all times.

### **How do we measure success in Physical Education?**

Physical education is not formally assessed by test or teacher assessment. However, P.E. is assessed by the class teacher using the KMAT Milestones for each year group and each class should be able to work within age appropriate descriptors as the year progresses.

Swimming success is measured by the pupil's ability to swim 25m and has a graded scheme to show development.

### **Budget and resources**

Every year group, including clubs, have access to the P.E cupboard and fixed indoor and outdoor equipment.



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P.E. & Sports funding is used to enhance fitness, participation and enjoyment and impacts on the quality of PE teaching. Sports funding provides additional opportunities for pupils to engage with active lifestyles and experience new outdoor learning opportunities.

### **Safety & Risk**

Risk assessments are made for all off site visits. Both the internal and external P.E. equipment is checked annually by an outside provider in order to ensure it is safe and fit for purpose. Specialist equipment, such as gym apparatus, will have its own risk assessment.

### **Community Involvement & Collaborations**

Children are encouraged to participate in local sporting tournaments. Key Stage 1 and 2 children represent the school in NSSPEA and Kaleidoscope MAT events. Pupils in year 5 and 6 participate in dance festivals alongside other Primary and Secondary schools at the local theatre in Term 4. Children visit the local swimming pool, primary schools and local sports centres to compete in school events.

Outdoor Adventurous Activities are developed both on the school site by a trained outdoor practitioner, on KS2 Outdoor pursuits day and a residential camp (Y6). Our outdoor practitioner works across all key stages through to EYFS.

### **Monitoring and Evaluation**

The SLT team will monitor the standards of teaching and learning. This will occur through a range of activities to monitor: staff questionnaires, observation of lessons, pupil conferencing/ surveys.

Policy written: November 2020

Policy reviewed: November 2023, April 2025, November 2025

Next Review date: November 2027

Ratified by the Local Governing Body