



Kaleidoscope Multi Academy Trust PSHE Curriculum

Intent

Kaleidoscope Multi Academy Trust wants all pupils to receive a high-quality PSHE education providing the foundations for understanding emotions, relationships, friendships, staying healthy and how their bodies change over time. Through building up a body of subject specific knowledge and concepts they will be encouraged to discuss their feelings be able to keep themselves safe. They will be encouraged to understand how PSHE can be used to answer their own questions about how they live in the world in which they live.

We aim to

- Provide opportunities to ensure pupils in all year groups have experience of developing their personal and social skills.
- Ensure the pupils acquire an appropriate vocabulary that they can use with accuracy.
- Develop young citizens who can communicate their understanding verbally and in written form.

The Jigsaw scheme provides a progressive and broad range of PSHE knowledge, which Kaleidoscope schools expect their children to know and remember. It is up to each school how this knowledge is conveyed, but Kaleidoscope have agreed the content and the core vocabulary that children will be expected to know and remember.

Early Years

In the Early years the PSHE is taught through PSED, in particular through the strands of self-regulation, managing self and building relationships. The children learn about the world around them in their play and by adult led activities.

They behave in an appropriate way when they:

Early Learning Goal: Self-Regulation

- Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly.
- Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate.
- Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.

Early Learning Goal: Managing Self

- Be confident to try new activities and show independence, resilience and perseverance in the face of challenge.
- Explain the reasons for rules, know right from wrong and try to behave accordingly.
- Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.

Early Learning Goal: Building Relationships

- Work and play cooperatively and take turns with others.
- Form positive attachments to adults and friendships with peers.
- Show sensitivity to their own and to others' needs.

The schools in Kaleidoscope MAT all use the Jigsaw Programme which is designed from EYFS through the Primary Years. Therefore the EYFS has been added to the Learning Organisers and Milestones documents for the MAT.

Knowledge

As the pupils' progress through the curriculum they accumulate and connect both the substantive (facts) and disciplinary (PSHE specific) knowledge.

PSHE is delivered through a series of modules spaced throughout the year with opportunities to revisit key concepts and disciplinary skills. This enables the children to embed learning in line with our pedagogical approach.

Each two year period will cover:	Being me in my World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
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Key Vocabulary

Our PSHE curriculum is vocabulary-rich ensuring that the children gain a deep understanding of key vocabulary and terminology (tier 3 vocabulary). The MAT has agreed the following vocabulary should be learnt by the end each two year period- YR/Y2/Y4/Y6 to allow for schools with mixed year or two year rolling programmes.

PSHE Vocabulary for Years 1 and 2					
Being me in my World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
Safe	Similarity	Proud	Unhealthy	Belong	Changes
Special	Same as	Success	Balanced	Same	Life Cycles
Calm	Different from	Treasure	Exercise	Different	Adulthood
Belonging	Difference	Coins	Sleep	Friendship	Mature
Learning Charter	Bullying	Learning	Choices	Qualities	Male
Jigsaw Charter	Bullying behaviour	Stepping-stones	Body parts	Caring	Female
Rewards	Deliberate	Process	Keeping clean	Sharing	Vagina
Proud	On purpose	Working together	Toiletry items (e.g. tooth brush, shampoo, soap)	Kind	Penis
Consequences	Unfair	Team work	Hygienic	Greeting	Testicles
Upset	Included	Celebrate	Safe Medicines	Touch	Vulva
Disappointed	Bully	Stretchy	Safety	Feel	Anus
Illustration	Bullied	Challenge	Green Cross Code	Texture	Learn
	Celebrations	Feelings	Eyes	Like	New
Worries	Special	Obstacle	Ears	Dislike	Grow
Hopes	Unique	Overcome	Look	Help	Feelings
Fears	Boys	Achieve	Listen	Helpful	Anxious
Responsible	Girls	Realistic	Wait	Community	Worried
Actions	Similarities	Achievement	Healthy choices	Confidence	Excited
Praise	Assumptions	Goal	Lifestyle	Praise	Coping
Positive	Shield	Strength	Motivation	Skills	Change
Negative	Stereotypes	Persevere	Relax	Self-belief	Grow
Choices	Special	Difficult	Relaxation	Incredible	Control
Co-operate	Differences	Easy	Tense	Proud	Fully grown
Problem-solving	Bully	Learning together	Calm	Celebrate	Growing up
	Purpose	Partner	Dangerous	Relationships	Old

	Unkind	Product	Medicines	Special	Young
	Feelings		Body	Appreciate	Respect
	Sad		Balanced diet	Similarities	Appearance
	Lonely		Portion	Special	Physical
	Help		Proportion	Important	Baby
	Stand up for		Energy	Co-operate	Toddler
	Male		Fuel	Physical contact	Child
	Female		Nutritious	Communication	Teenager
	Diversity			Hugs	Independent
	Fairness			Acceptable	Timeline
	Kindness			Not acceptable	Freedom
	Unique			Conflict	Responsibilities
	Value			Point of view	Vagina
				Positive problem solving	Public
				Secret	Private
				Surprise	Touch
				Good secret	Texture
				Worry secret	Cuddle
				Telling	Hug
				Adult	Squeeze
				Trust	Like
				Happy	Dislike
				Sad	Acceptable
				Frightened	Unacceptable
				Trustworthy	Comfortable
				Honesty	uncomfortable
				Reliability	Looking forward
				Compliments	Nervous
				Celebrate	Happy

PSHE Vocabulary for Years 3 and 4					
Being Me in my World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
Welcome	Loving	Perseverance	Oxygen	Men	Birth
Valued	Caring	Challenges	Calories/kilojoules	Women	Animals
Achievements	Safe	Success	Heartbeat	Unisex	Babies
Pleased	Connected	Obstacles	Lungs	Male	Mother
Personal goal	Conflict	Dreams	Heart	Female	Grow
Acknowledge	Solve it together	Goals	Fitness	Stereotype	Uterus
Affirm	Solutions	Ambitions	Labels	Career	Womb
Emotions	Resolve	Future	Sugar	Job	Nutrients
Feelings	Witness	Aspirations	Fat	Role	Survive
Nightmare	Bystander	Garden	Saturated Fat	Responsibilities	Love
Solutions	Bullying	Decorate	Healthy	Respect	Affection
Support	Gay	Enterprise	Drugs	Differences	Care
Dream	Feelings	Design	Attitude	Similarities	Puberty
Behaviour	Tell	Co-operation	Anxious	Conflict	Sperm
Fairness	Consequences	strengths	Scared	Win-win	Ovaries
Group dynamics	Hurtful	Motivated	Strategy	Solution	Egg
Teamwork	Compliment	Enthusiastic	Advice	Solve it together	Ovum/ova
Viewpoint	Character	Excited	Harmful	Problem solve	Stereotypes
Ideal school	Judgement	Efficient	Risk	Internet	Task
Belong	Surprised	Responsible	Feelings	Social media	Roles
Included	Different	Frustration	Complex	Online	Challenge
Excluded	Appearance	Solve it together	Appreciate	Risky	Personal
Role	Accept	Technique	Body	Gaming	Unique
Job description	Influence	Solutions	Choice	Safe	Characteristics
School Community	Opinion	Review	Friendship	Unsafe	Parents
Democracy	Attitude	Learning	Emotions	Private messaging (pm)	Making love
Democratic	Secret	Evaluate	Relationships	Direct messing (DM)	Having sex
Decisions	Deliberate	Hope	Friendship groups	Global	Sexual Intercourse
Voting	Bystander	Determination	Value	Communication	Fertilise
Authority	Witness	Resilience	Roles	Fair trade	Conception

Contribution	Problem solve	Positive attitude	Leader	Inequality	Menstruation
Observer	Cyber bullying	Disappointment	Follower	Food journey	Periods
UN Convention on Rights of Child (UNCRC)	Text message	Fears	Assertive	Climate	Circle
	Website	Hurts	Agree	Transport	Season
	Troll	Positive experiences	Disagree	Exploitation	Change
	Physical features	Plans	Smoking	Rights	Control
	Impression	Cope	Pressure	Needs	Emotions
	Changed	Help	Peers	Wants	Acceptance
	On purpose	Self-belief	Guilt	Justice	
		Motivation	Advice	United Nations	
		Commitment	Alcohol	Relationship	
		Enterprise	Liver	Lose	
			Disease	Jealousy	
			Anxiety	Emotions	
			Fear	Positive	
			Believe	Negative	
			Opinion	Shock	
			Right	Disbelief	
			Wrong	Numb	
				Denial	
				Guilt	
				Sadness	
				Pain	
				Despair	
				Hope	
				Souvenir	
				Memento	
				Memorial	
				Acceptance	
				Relief	
				Remember	
				Negotiate	
				Compromise	

				Loyal	
				Empathy	
				Betrayal	
				Amicable	
				Love	

PSHE Vocabulary for Years 5 and 6					
Being Me in my World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Changing Me
Challenge	Culture	Feeling	Choices	Personal attributes	Body Image
Goal	Conflict	Money	Healthy behaviour	Qualities	Self-image
Attitude	Similarity	Grown up	Unhealthy behaviour	Characteristics	Looks
Citizen	Belong	Adult	Informed decision	Self-esteem	Personality
Views	Culture Wheel	Lifestyle	Pressure	Unique	Perception
Opinion	Racism	Job	Media	Comparison	Self-esteem
Collective	Colour	Career	Influence	Negative self-talk	Affirmation
Ghana	Race	Profession	Emergency	Social media	Comparison
West Africa	Discrimination	Salary	Procedure	Online	Oestrogen
Cocoa plantation	Ribbon	Contribution	Recovery position	Community	Fallopian tube
Cocoa pods	Rumour	Society	Level-headed	Positive	Cervix
Community	Name-calling	Determination	Body image	Negative	Develops
Education	Racist	Motivation	Social Media	Safe	Breasts
Wants	Homophobic	Culture	Celebrity	Unsafe	Hips
Needs	Cyber-bullying	Country	Altered	Rights	Adams Apple
Maslow	Texting	Sponsorship	Self-respect	Social network	Scrotum
Empathy	Problem-solving	Communication	Comparison	Violence	Genitals
Comparison	Indirect	Support	Eating Problem	Grooming	Hair

Opportunities	Direct	Rallying	Eating Disorder	Troll	Broader
Education	Happiness	Team work	Respect	Gambling	Wider
Empathise	Developing World	Co-operation	Debate	Betting	Semen
Obstacles	Celebration	Difference	Opinion	Trustworthy	Erection
Cooperation	Artefacts	Learning	Fact	Appropriate	Ejaculation
Collaboration	Display	Stretch	Motivation	Screen time	Urethra
Legal	Presentation	Personal	Responsibility	Physical health	Wet dream
Illegal	Male	Realistic	Immunisation	Mental health	Growth spurt
Lawful	Female	Unrealistic	Prevention	Off-line	Larynx
Laws	Biological sex	Success	Drugs	Social	Facial hair
Participation	Stereotype	Criteria	Effects	Peer pressure	Pubic hair
Motivation	Individuality	Learning steps	Prescribed	Influences	Hormones
Decision	Diverse	Global issue	Unrestricted	Personal information	Scrotum
	Different	Suffering	Over-the-counter	Passwords	Testosterone
	Equality	Concern	Restricted	Privacy	Circumcised
	Fairness	Hardship	Illegal	Settings	Uncircumcised
	Identity	Sponsorship	Volatile substances	Profile	Foreskin
	Gender Identity	Empathy	'Legal highs'	SMART rules	Epididymis
	Transgender	Motivation	Exploited		Fertilised
	Non-binary	Admire	Vulnerable		Unfertilised
	Courage	Respect	Criminal		Conception
	Rights	Praise	Gangs		Sexual intercourse
		Compliment	Pressure		Embryo
		Contribution	Strategies		Umbilical cord
		Recognition	Reputation		IVF
			Anti-social behaviour		Foetus
			Crime		Contraception
			Mental Health		Pregnancy
			Emotional health		Sanitary products
			Mental illness		Tampon
			Symptoms		Pad

			Stress		Towel
			Triggers		Liner
			Strategies		Hygiene
			Managing stress		Age appropriateness
			Pressure		Legal
					Laws
					Responsible
					Teenager
					Rights
					Responsibilities
					Negative body-talk
					Mental health
					Midwife
					Labour
					Opportunities
					Freedoms
					Attraction
					Relationship
					Love
					Sexting
					Transition
					Secondary
					Journey
					Worries
					Anxiety
					Excitement

Learning Organisers

See document 'Kaleidoscope MAT PSHE Curriculum Learning Organiser'

Learning organisers are used:

- to convey the core knowledge in one place
- as a reference/starting point for staff (some schools may adapt the layout but key concepts and vocabulary must be learnt)
- to support questioning and retrieval
- in books to support participation of pupils
- to highlight key tier 3 subject specific vocabulary
- to support parents understanding of what their children are learning (for some topics)

Implementation

Our PSHE curriculum is taught in each year group in modules that enable pupils to study in depth key understanding, skills and vocabulary. Each module builds on prior learning and these are revisited throughout the academic year to deepen pupils understanding and embed learning.

Through teacher modelling and planning children are given opportunity to learn and use key vocabulary. The Kaleidoscope pedagogical approach is used in all lesson formats – retrieving and building on what the pupils already know, explaining new content including key vocabulary. Pupils are 'scaffolded' to attempt new learning and then apply new learning independently.

Impact

The impact of our curriculum is measured informally through quizzes, discussions and observations of pupils. It is measured more formally through teacher assessment against Key Milestones.

Key Milestones

Kaleidoscope has produced key milestones for each pair of years (Y2/Y4 and Y6) so that staff are clear whether pupils are performing at the expected standard. The key vocabulary is clearly identified on the Learning Organiser.

Subject leaders will:

- Conduct work scrutiny looking for an increasing understanding of PSHE concepts and knowledge.
- Conduct pupil conferencing where pupils will be measured against the key milestones and will use PSHE vocabulary, talk about PSHE concepts and skills and explain how learning builds on previous knowledge.