



## RESTRICTIVE PHYSICAL INTERVENTION POLICY 2019

The Policy is to be reviewed annually and the next review is due: **March 2020**

This policy is based on guidance outlined in Circular 10/98 – 'The Use of Force to Control or Restrain Pupils'. The Circular refers to the 1996 and 1997 Education Acts which clarify the position regarding the use of physical force by teachers and other staff working in schools, to control or restrain pupils.

Staff should also refer to the whole school positive behaviour policy on behaviour and discipline.

At Becket Primary School we believe that the use of reasonable force is only necessary to prevent a pupil from:

- Committing a criminal offence
- Injuring themselves or others
- Causing damage to property, including their own
- Engaging in any behaviour prejudicial to maintaining good order and discipline at the school or among any of its pupils, whether that behaviour occurs in the classroom during a teaching session or elsewhere.

All **teachers** are empowered to restrain.

The use of restraint should always be a last resort. If practical before intervention, a calm warning or instruction to stop should be given and every effort should be made to achieve a satisfactory outcome without physical intervention. **In all circumstances help must be sent for, even when immediate intervention is necessary.**

Restraint can take a variety of forms – many of which are outlined in Circular 10/98 and in the Borough Guidelines referred to above. Staff should always avoid touching/holding a pupil in a way that might be considered inappropriate.

Force, where used, should always be reasonable. There is no definition of 'reasonable force' but it should always be proportional to the circumstances of the incident. It should be used only to control or restrain and never with the intent to cause pain or harm. It must, therefore, be the minimum needed to achieve the desired result. In any action, due regard has to be taken to the age, understanding and sex of the pupil.

**The school accepts and understands that in accordance with the law corporal punishment is forbidden.**

Where restraint has been necessary, the incident must be reported to the Head Teacher, Rob Collard and logged. Pro forms can be obtained from the incident log in the Head Teacher's office.

In the event of an injury occurring, the appropriate Health and Safety form must be completed and the accident reporting procedures must be followed.

Parents of the pupils involved will always be advised of an incident and it may be necessary for it to be followed up by other disciplinary action or pastoral support.

All parents must be made aware this policy.

All new members of staff and part time staff will be expected to read this policy.

## **PREFERRED PRACTICE**

### **DO.....**

- Wherever possible plan appropriate positive intervention and involve parents, carers and colleagues.
- Know the procedures within the school's guidelines for the use of physical restraint. A copy of these are available from the Head Teacher, Rob Collard. Discuss these with a senior member of staff if you are unsure of any point.
- Be aware of pupils who have been physically restrained before and what happened.
- Send or adult help early if things begin to get out of hand and restraint seems likely.
- Assess the situation before acting.
- Stay calm – do not over-react.
- Use minimum restraint for minimum time until the situation is calm.
- Report the incident to the Head Teacher or senior member of staff as soon as possible and complete a report form.
- Consult your Line Manager, Professional Association or Trade Union if you have any concerns.
- Remember your professional obligations to all pupils in your care.

### **DO NOT....**

- Place yourself at risk: do not attempt to restrain a pupil who obviously carries a "weapon".
- Attempt to restrain a pupil when you have lost your temper.
- Allow the situation to get out of control.
- Use unreasonable force.
- Place yourself at risk of false allegation: avoid being alone with any pupil.

**Signed:**

**Head Teacher**

**Date:**

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**Chair of Governors**

**Date:**

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