



## **PERSONAL, SOCIAL AND HEALTH EDUCATION (PSHE) POLICY 2019**

The next review is due in: January 2020

### **AIMS AND OBJECTIVES**

Personal, social and health education (PSHE) and citizenship enables children to become healthy, independent and responsible members of society. We encourage our pupils to make a positive contribution (ECM) to the life of the school and the wider community. In so doing we develop their sense of self-worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through children's voice and the school council (to be set up). We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multi-cultural society.

The aims of personal, social and health education and citizenship are to enable the children to:

- Know and understand what constitutes a healthy lifestyle (Be healthy [ECM]);
- Be aware of safety issues (Stay Safe [ECM]);
- Understand what makes for good relationships with others;
- Have respect for others;
- Prepare for responsibilities and experiences of adult life;
- To have increased involvement in the life of the school;
- Develop good relationships with other members of the school and the wider community (Make a positive contribution [ECM]).

### **TEACHING AND LEARNING STYLE**

We use a range of teaching and learning styles to teach PSHE and citizenship.

We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities.

We encourage the children to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising, the planning of year group assemblies, or involvement in an activity to help other individuals or groups less fortunate than themselves. Children also take an active role in setting agreed classroom rules of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

### **PSHE AND CITIZENSHIP CURRICULUM PLANNING**

We use the SEAL scheme of work to facilitate our teaching of PSHE and citizenship. Each term has a new theme which becomes a whole school focus. Within each theme there are suggested lesson plans and resources to facilitate learning.

We use the schools scheme of work developed through the ECM objectives to teach PSHE and citizenship. Some of the time this is taught through other subjects, e.g. science, but in some instances e.g. drugs and sex education are taught as discrete subjects.

We also develop PSHE and citizenship through activities and whole-school events, e.g. children's voice meetings are held and matters discussed are taken forward by the school council. We have a weekly celebration assembly where children's achievements (in and outside of school) and birthdays are recognised. We offer residential visits in each year, where there is a focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills. We have introduced a peer mediation system where members of upper KS2 have been trained to mediate in playground disputes and also have zone leaders to encourage positive play.

### **FOUNDATION STAGE**

We teach PSHE and citizenship in reception classes as an integral part of the topic work covered during the year. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the PSHE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PSHE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs.

### **TEACHING PSHE AND CITIZENSHIP TO CHILDREN WITH SPECIAL NEEDS**

We teach PSHE and citizenship to all children, regardless of their ability. When teaching PSHE and citizenship we take into account the targets set for the children on their Individual Education Plans (IEPs).

### **ASSESSMENT AND RECORDING**

Teachers assess the children's work in PSHE and citizenship both by making informal judgements based on the learning outcomes set out in the SEAL scheme of work. This is done through observations and discussions with the children during lessons, activities, functions and visits.

Assessment should offer the children the opportunity to reflect on their own learning through Afl.

We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage. Children's' progress is reported to parents annually.

### **RESOURCES**

Year groups have a selection of appropriate resources from schools scheme of work, and the co-ordinator holds a selection of reference materials relevant to particular subject areas, e.g. drugs and sex education. Other sensitive issues are dealt with by the appropriate agencies who visit the school.

### **MONITORING AND REVIEW**

The PSHE subject leader will work with the Head Teacher and class teachers to ensure equality of provision across the year groups through observation and discussion.

**Signed:**

**Head Teacher**

**Date:**

**Chair of  
Governors**

**Date:**

