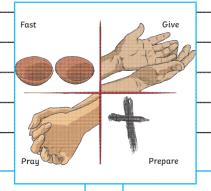
Lent

Many Christians give up something during Lent. Often the thing they give up is something that they feel they spend too much time or money on or something that is bad for them. They might give up chocolate, crisps. Or they could try to watch less TV or give up playing computer games. If you were going to give up something for Lent, what would it be and why?

Christians often give money to charities during Lent. This is to help people in need. Have you ever done anything for charity? If so, what did you do? If not, if you were going to raise money for a charity, which charity would it be and why?



Many Christians spend time during Lent praying (talking to God). If you could talk to anyone in the world, who would it be? What would you say to them? Lent is the period when many Christians get ready for Easter. Write about a time when you got ready for a special event. What was the event? How did you feel? How did you prepare?



